

NEW TRENDS! The UK's best marriage magazine

ONLY
£2.99

Perfect Wedding

Issue 47 • October 2010 • perfectweddingmag.com

1086+

WAYS TO WOW
YOUR GUESTS

Cakes, favours, invites
shoes & accessories

BEAUTY TREATMENT
FREE!
WORTH
£25
TAN • MANICURE • FACIAL

50 IDEAS
FOR A
ROMANTIC
RECEPTION

Amazing
flowers

13 pages of inspiration & DIY tips

WIN!
Fantastic Caribbean
honeymoon worth
£3,500



CHOOSE YOUR
THEME!

TRENDS FOR EVERY SEASON

REAL BRIDES

“I loved my
vintage
finds!”



LUXE for LESS

FABULOUS BRIDAL STYLE (ON A SHOESTRING!)

HAIR IDEAS

A-list looks for short styles

SAVE 20%

On jewellery & accessories

DIET TRICKS

Easy ways to keep motivated!

emotional advice



KEEP THAT WEDDING HIGH!

It might seem like nothing can compare with the excitement of planning a wedding, but (trust us!) it's only just the start...

After months spent planning the biggest day of your life, it's no surprise that lots of new brides wonder what things will be like once you return from honeymoon and get back to 'normal' life. But with just a tiny bit of effort it's easy to keep that excitement and romance as you start your new life as a Mrs - and here's how!

Wedding memories

Many recent brides loved the romance and excitement of planning their dream day, so why not keep that going? The American trend for 'trash the

dress' shoots is starting to increase in popularity and gives you the chance to be a star for the day and wear your dress again. For a romantic (and kinder to the dress!) option

"Have a party so everyone can share their memories of the day and see your wedding photos"

though, why not take part in a post-wedding shoot with your new hubby? A photographer

will take shots of you both in your wedding outfits at a super-glam location, giving a stylish and often dramatic addition to your album.

Talking of the photos, make the most of them as this is a great way to recapture the excitement of your day! Take time choosing stylish frames then have a special party or barbecue to invite all your friends and family round to see them and share their favourite memories of your day.

Make time

For the first time in ages, you won't need to spend

your evenings and weekends agonising over favours and table centres! Make the most of your new-found spare time by spending it with your husband. A trip to the cinema or meeting for a few drinks after work can make it feel like you're back in the first stages of dating each other - plus with no dress fitting-pressure you'll be free to rediscover all your favourite restaurants!

Looking ahead...

Your life as husband and wife has just begun, so take time to discuss what you want to do with the rest of your lives. "This helps keep the excitement alive but also gives you both a renewed focus," says Lisa Sabin, Director of the Just Bespoke Wedding Consultancy (just-bespoke.com). "Now is the chance to consider your hopes and dreams and develop your relationship as a married couple, so make plans, no matter how big or small." It may be that you decide to save for an amazing holiday on your first anniversary or (as your in-laws are probably hoping!) start a family - or even something simple, such as taking up that hobby together that you've always talked about.

Keep it flirty!

Just because you're Mr and Mrs, that's not to say you don't need to work on the romance. We don't mean greeting him in a basque and suspenders every evening (who has the time for that!), but there are lots of low-maintenance ways to add some serious spark!

Get into the habit of sending flirty texts to one another throughout the day - he'll love getting messages that aren't just about who's picking up dinner. Try to keep your sex life spontaneous too, as it's a great way of taking you back to the early days of your relationship! Why not secretly do a burlesque workshop - he'll love your new-found talents and body confidence!

Girls' night out

Your close female friends will have been your main source of support during your wedding planning, so don't neglect them after it's all over. Plan some

"Your wedding was a wonderful day, but also the start of a life with your very own Mr Right!"

girly nights out, as spending time with your own friends is also a great way to keep your relationship fresh. It gives you both a chance to reinforce your identities as individuals rather than just as part of a couple, and gives you lots to talk about when you do spend time together.

Happily ever after...

Last, but by no means least, remember to put things in perspective. Your wedding was

a wonderful day, but it was also the start of something much bigger and far more exciting - a lifelong marriage with your very own Mr Right. Not only have you found the one person who makes you happier than anyone else, you're part a team now too - and you're definitely on the winning side! ■



LEAVING THE BOYS AT HOME FOR THE DAY WAS A BRILLIANT IDEA!

IMAGE: TK WAXY

Over to you...



ANYA POPE
25, FRANCE
"WE'RE MOVING HOUSE AND I'VE GOT A NEW JOB - BUSY, BUT IT KEEPS THINGS INTERESTING!"



TAMMY TIMMERS
30, BRISTOL
"WE'RE ORGANISING CHRISTMAS WITH BOTH OUR FAMILIES IN SOUTH AFRICA AFTER OUR BIG DAY!"



JADE LORD
25, LONDON
"JON AND I ARE PLANNING OUR NEXT TRIP ABROAD TO BEAT THE POST-WEDDING BLUES!"